Treatment Options for Urinary Incontinence

FemiScan

Prescription Drugs

Behavior Modifications
Biofeedback
Kegel Exercises
Pelvic Floor Retraining

Surgery
Bladder Suspensions
TVT/Vesica
Collagen Injections

Voiding Intervals
Eating Habits
Lifestyle Changes

Least Aggressive
Most Aggressive

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FemiScan Therapy Outcome

**Before treatment**
- Bladder Neck is collapsed
- Pelvic Floor Muscles are weakened
- Leakage

**After 8-12 weeks of training**
- Bladder Neck is recovered
- Pelvic Floor Muscles are strengthened
- No more leakage

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Clinical data

Aukee P, Immonen P, Penttinen J, Laippala P, Airaksinen O,
"Increase in Pelvic Floor Muscle Activity After 12 Weeks Training;
A randomised prospective pilot study", *Urology, 2002, Dec; 60(6)*

**Mean pelvic floor muscle activity**

- **FemiScan**
- **Controls**

**Leakage index**

- **Control**
- **FemiScan**

Changes of pelvic floor muscle activity (μV) measured in supine position

Changes in leakage index among cases and controls

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